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Chemopreventive effects of a plant lignan 7-hydroxymatairesinol on mammary and uterine cancer development in rat models

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Summary

7-Hydroxymatairesinol (HMR) is a plant lignan found in the heartwood and knots of Norway spruce (Picea abies). HMR is metabolized to enterolactone (ENL), which is a mammalian lignan produced by intestinal

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